Cortisol-blocking pill slows Alzheimer's in patients over 75

smh.com.au [$] — November 19, 2026 at 01:01 PM GMT+11

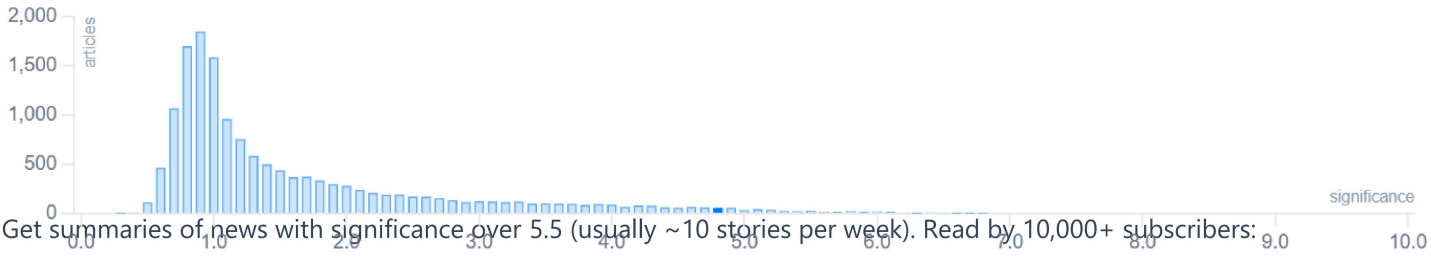
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A daily pill reducing cortisol in the brain slowed Alzheimer's progression by 30% in patients over 75, though the overall trial showed no significant benefit for all participants.

The 36-week trial involved 247 patients with mild to moderate disease. The over-75 group saw slowed progression, which developer Actinogen says compares favorably to antibody treatments reducing progression by 22-27%.

Xanamem targets cortisol, linked to cognitive decline and amyloid plaque development. The next trial with 700 patients starts mid-2027, with potential market release in 2030.

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